

ROBIN SCOTT

CLINICAL PSYCHOLOGIST

presents

Introduction to Emotionally-Focused Couple Therapy

An introductory morning to this thoroughly researched couples modality for mental health professionals.

Friday 5 June 2020: 09:00-13:00

Online Platform: Zoom

Cost: R500 (standard)

CPD: Application underway (HPCSA) for 4 CPD points

R400 (early bird – ends 20 May 2020)

To register please email:

For group rates please enquire

admin@robinscottpsychology.co.za

About the Workshop: This morning workshop seeks to introduce the practitioner to working with couples from an emotionally-focused therapeutic modality. It introduces the attachment theory base, as well as the theory of primary and secondary emotions that underpin the theory. We will use this theory to demonstrate how the modality helps to draw up a clear map to navigating the couples destructive relational cycle, and introduces some basic skills used in the model to help distinguish it from other modalities. The thorough empirical evidence base of the theory will be summarised and referenced.



Important: *This workshop does not lead to certification as an EFT practitioner, nor does it replace the formal EFT externships, rather it serves as an introductory day to the model so that the participant can decide whether they would be interested in further training. Formal EFT training has been deferred to the third quarter 2020 due to the COVID-19 pandemic.*



About the Presenter: Robin Scott is a Clinical Psychologist (HPCSA: PS0103233) based in East London, South Africa. He is an internationally certified EFT Couple Therapist, as well as a registered EFT Supervisor-in-Training (ICEEFT). He has a special professional interest in couple and marital therapy.

FOR FURTHER INFORMATION

robinscottpsychology.co.za
(Presenter)

iceeft.com
(EFT)